• They will not take place during inclement weather.

- · Participants must provide their own equipment and adhere to all City social distancing rules.
- · Pre-registration is required at jcrec.recdesk.com
- · Anyone under the age of 18 must have a parent/guardian present.
- · All programs are free for pre-registered Jersey City youth!

EBB



### Monday

**Boxing Skills & Conditioning** 

- · Ages 10-14, 4:30pm-5:30pm
- · Ages 15-18, 5:45pm-6:45pm
- · Ages 19-24, 7pm-8:30pm

#### Wednesday

Soccer Skills & Drills

- Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- · Ages 15-24, 7:45pm-8:45pm

### Tuesdav

Basketball Skills & Drills

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- · Ages 15-24, 7:45-8:45pm

#### **Thursday**

**Tennis** 

- Ages 4-5, 4:30pm-5:15pm
- · Ages 6-9, 5:30pm-6:30pm
- · Ages 10-14, 6:45pm-8pm

## **Monday**

**Tennis** 

BAYSIDE

**BERRY LANE** 

CAVEN

**ENOS JONES** 

PERSHING

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-9, 5:30pm-6:30pm
- · Ages 10-14, 6:45pm-8pm

#### **Tuesday**

Basketball Skills & Drills \*\* GIRLS ONLY \*\*

- Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- Ages 11-14, 6:30pm-7:30pm
- Ages 15-24, 7:45pm-8:45pm

### **Thursday**

Basketball Skills & Drills

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- · Ages 15-24, 7:45pm-8:45pm

# **Thursday**

**Boxing Skills & Conditioning** 

- · Ages 10-14, 4:30pm-5:30pm
- · Ages 15-18, 5:45pm-6:45pm
- · Ages 19-24, 7pm-8:30pm

## **Monday**

Football Skills & Drills

- · Ages 7-10, 4:30pm-6pm
- · Ages 11-14, 6:30pm-8:30pm

## **Tuesday**

**Tennis** 

- Ages 4-5, 4:30pm-5:15pm
- · Ages 6-9, 5:30pm-6:30pm
- · Ages 10-14, 6:45pm-8pm

#### Soccer Skills & Drills

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- · Ages 15-24, 7:45pm-8:45pm

## Wednesday

Football Skills & Drills

- Ages 7-10, 4:30pm-5:30pm
- · Ages 11-14, 6pm-7pm

## **Boxing Skills & Conditioning**

- · Ages 10-14, 4:30pm-5:30pm · Ages 15-18, 5:45pm-6:45pm
- · Ages 19-24, 7pm-8:30pm

## **Thursday**

Soccer Skills & Drills

- · Ages 6-10, 4:30pm-5:30pm
- · Ages 11-14, 5:45pm-7pm

## **Friday**

Family Fun & Games 4:30pm-8pm

### Monday

Soccer Skills & Drills \*\* GIRLS ONLY \*\*

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- · Ages 15-24, 7:45pm-8:45pm

## **Tuesday**

Football Skills & Drills

- Ages 7-10, 4:30pm-6pm
- · Ages 11-14, 6:30pm-8:30pm

#### Wednesday

Soccer Skills & Drills

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- · Ages 15-24, 7:45pm-8:45pm
- · Ages 7-10, 4:30pm-6pm · Ages 11-14, 6:30pm-8:30pm

Football Skills & Drills

#### **Friday**

· Family Fun & Games 4:30pm-8pm

## **Monday**

Football Skills & Drills

- · Ages 7-10, 4:30pm-6pm
- · Ages 11-14, 6:30pm-8:30pm

## **Tuesday**

Soccer Skills & Drills

- Ages 4-5, 4:30pm-5:15pm
- Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- Ages 15-24, 7:45pm-8:45pm

### Wednesday

Football Skills & Drills

- · Ages 7-10, 4:30pm-6:30pm
- · Ages 11-14, 6:30pm-8pm

### Thursday

**Thursday** 

Basketball Skills & Drills

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- · Ages 15-24, 7:45pm-8:45pm

# **Friday**

· Family Fun & Games 4:30pm-8pm

## **Monday**

Basketball Skills & Drills

- · Ages 4-5, 4:30pm-5:15pm
- Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm
- · Ages 15-24, 7:45pm-8:45pm
- Soccer Skills & Drills
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 4-5, 4:30pm-5:15pm
- · Ages 11-14, 6:30pm-7:30pm · Ages 15-24, 7:45pm-8:45pm

## **Tuesday**

Football Skills & Drills

- Ages 7-10, 4:30pm-6pm Ages 11-14, 6:30pm-8:30pm
- **Boxing Skills & Conditioning** 
  - · Ages 10-14, 4:30pm-5:30pm · Ages 15-18, 5:45pm-6:45pm · Ages 19-24, 7pm-8:30pm

## Wednesday

**Tennis** 

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-9, 5:30pm-6:30pm
- · Ages 10-14, 6:45pm-8pm

# Basketball Skills & Drills

- \*\* GIRLS ONLY \*\*
- Ages 4-5, 4:30pm-5:15pm · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm · Ages 15-24, 7:45pm-8:45pm

## **Thursday**

Football Skills & Drills

- · Ages 7-10, 4:30pm-6pm
- · Ages 11-14, 6:30pm-8:30pm

# Friday

Family Fun & Games 4:30pm-8pm

## **Thursday**

Soccer Skills & Drills

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 6-10, 5:30pm-6:15pm
- · Ages 11-14, 6:30pm-7:30pm · Ages 15-24, 7:45pm-8:45pm

Basketball Skills & Drills

- · Ages 6-10, 5:30pm-6:15pm
- · Ages 15-24, 7:45pm-8:45pm

## **Monday & Wednesday**

- · Ages 4-5, 4:30pm-5:15pm
- · Ages 11-14, 6:30pm-7:30pm